

# Burrillville Prevention Action Coalition

Wednesday, November 7, 2018  
Wallace F. Lees Public Safety Complex

## Minutes

Those in attendance were: Monica Blanchette, David Brissette, Destiny Ceesay, David Beauchemin, Ethan Cormier, Mitch Cournoyer, Steve Diehl, Amanda Ginkel, William Lacey, Janet Lyons, Laurie MacDougall, John Mattson, Julie Mayhew, John Pacheco, Mackenzie Raimond, Kristen Raimond, Raechel Robidoux, Thomas Smith, Monica Thomsen, Beth Ulluci, and Matthew Zanni

1. Welcome
2. Approval October Minutes - The minutes were approved.
3. New Members or Returning-- Please fill out a Contact Information Sheet
4. Welcome [REST Program](#)!
  - a. Laurie MacDougall from REST spoke to the group (mother of a heroin addict).
  - b. Son was using drugs and she had no idea to the extent. She thought he was experimenting and thought he'd grow out of it. Mom found him unresponsive in his bed. He was given 4 doses of Narcan to revive him.
  - c. REST is changing the narrative and redefining the role of families who struggle with a Loved One's Substance Use Disorder. *The challenge for the family is to learn to influence and direct a Loved One into treatment, recovery, or simply a better life. They achieve this through education, cultivating new skills and strategies, and at the same time learning to address their own needs. Rethinking and reclaiming popular catch phrases like "powerlessness," "hitting rock bottom," "tough love," and "enabling," are core elements in empowering families to overcome stigma and shame, and discover better coping skills.*
  - d. Lauren showed a Crisis Toolkit (charcoal, Narcan, resource information)
  - e. CRAFT (Community Reinforcement and Family Training) is an evidence-based, proven family coaching methodology, which has been extensively studied by the National Institutes of Health and other agencies, and has significantly outperformed other approaches.
5. New Business
  - a. Monica Blanchette
    - i. New Sign-In Sheet
    - ii. Drug Take Back Day Update
      1. Pascoag FD Location – 30.2lbs collected despite the rain - very successful!
      2. Over 60 lbs total for both locations
      3. People heard about the drop off via 1/3 Social Media/ 1/3 Bargain Buyer/ 1/3 Visible on the street
    - iii. BPAC Youth Internship Update
      1. Will begin in December, several hours per week.
      2. Focus on prevention on the community level.
      3. No announcements have been made yet. Mitch Cournoyer will post it on the website tonight.
    - iv. Tobacco Free Teen Alliance Grant through RIDOH

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1. December 1, 2018 – November 30, 2019
2. Youth Stipends: \$10/wk for 20 weeks (up to 10 youth)
3. Looking for 8th graders to join as well.
- v. BVPC – Recruitment of Burrillville Coalition Members to attend monthly meetings. Monica asked them to contact members via BPAC.
- vi. Project ALERT – First group of 7<sup>th</sup> graders completed program
  1. Great success and fun to teach.
  2. Kids were very inquisitive.
  3. Officer Beauchemin met with the class and discussed THC and arrests.

## 6. Reports

### a. School

- i. BMS Red Ribbon week very successful. Door decorating contest/wristbands/daily announcements/get caught red-handed & wear-red-day competition.
- ii. SFE - Red Ribbon Week. Daily theme/red day/crazy hair day/wear a hat decorated with drug-free messages/announcements. Very successful!
- iii. ATL - Incorporated Red Ribbon Week with dress up like a teacher day/wear a sports jersey day etc. Also did a Stranger/Danger week.
- iv. WLC - Theme of the day/Pledged to be drug free at town hall/
- v. BHS - Wear red day/door decorating contest.

### b. Police

- i. Five juvenile arrests at BHS for vaping/assault/possession.
- ii. The percentage of arrests/offenses this year has declined from last year.
- iii. Dave Beauchemin attended a conference last month. They reported, by the time a student is a senior in HS, 49% of students have a chance of having a mental illness. 28% of students could have a serious mental illness.
- iv. In conjunction with the Burrillville High School's organization Students Against Destructive Decisions, the BPD urges you to take and post a photo with the hashtags [#Protectursquad](#) or [#burrillvillehighsadd](#). You can also post a picture as well with comments like "Please share" or "comment a picture of you and your squad below in the comments". Post and share away!
- v. Oct. 23rd the BPD had their annual *Awards Ceremony & Heroes in our Community Celebration* to recognize great work from the members of the BPD.
- vi. Lt. Lacey shared several ideas to form a committee and kick-start a fundraiser to get money together so we can start to send students to games/prom tickets/etc.
- vii. 5K Road Race Fundraiser - Monica is looking for people to join a committee to plan.

### c. Fire

- i. Have had a lot of mental health cases. It does seem to increase during the holidays and coincide with family stress.

## 7. Other Announcements

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- a. SAVE THE DATE! RI Prevention Conference: Brain-Based Approaches to Prevention
  - i. January 10, 2019 – CCRI Warwick
- b. Student Council Movie Night at the Assembly Theater - Nov. 17th
- c. SADD Movie Night at the Assembly Theater - Dec. 14th.
- d. Victorian Holiday Night in Pascoag - Nov. 17th
- e. John Pacheco mentioned it was nice for students to be on the committee. Students noted that 6pm at BHS is also a good time to meet.

***Next Meeting: Wednesday, December 5<sup>th</sup>, 2018 at 5:00pm at Wallace F. Lees Public Safety Complex.***